

Overview of Ontario Pain Management Resources

A provincial suite of integrated evidence-based programs to support clinicians

Helping patients manage pain is complex. To help navigate this challenging landscape and support health care providers across the health system, Health Quality Ontario and organizations across the province offer a coordinated program of supports to help family doctors, nurse practitioners and other primary care clinicians manage their patients' pain, including the appropriate use of opioids.

The following provides a one-stop summary of available pain management supports.

Direct Clinical Supports

Ontario eConsult Program: Through a secure, web based platform requesting providers can ask a pain medicine specialist a clinical question about their patient's pain management and receive advice quickly (usually within 2 days). The program integrates two successful initiatives: BASE™ Managed Specialty Service and the Ontario Telemedicine Network's (OTN) Direct to Specialist Service. [Learn More](#)
For more information, contact eConsultCOE@toh.ca

Medical Mentoring for Addictions and Pain for Family Physicians: Mentoring support that connects you with experts in chronic pain and addictions to help you manage your patients' chronic pain, addictions and the challenges around opioid prescribing. [Learn more](#)
For more information, contact Ocfpmentoring@ocfp.on.ca

Academic Detailing for Family Physicians: One-on-one educational outreach visits tailored to your needs and access to clinical tools and supports focused on supporting care for patients living with chronic non-cancer pain and currently on opioid therapy. [Learn more](#)
For more information, contact Lindsay.Bevan@effectivepractice.org

Guidelines and Standards

2017 Canadian Guideline for Opioids for Chronic Non-Cancer Pain. [Learn more](#)

CRISM National Guideline for the Clinical Management of Opioid Use Disorder. [Learn More](#)

Quality Standards: Outline what quality care looks like based on the best evidence for people with acute or chronic pain and for people with opioid use disorder. [Opioid Prescribing for Acute Pain](#), [Opioid Prescribing for Chronic Pain](#), [Opioid Use Disorder \(Opioid Addiction\)](#)
For more information, contact QualityStandards@hqontario.ca

Opioid Wisely: A campaign that encourages thoughtful conversation between clinicians and patients to reduce harms associated with opioid prescribing. [Learn more](#)
For more information, contact Info@choosingwiselycanada.org

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Practice Reports and EMR Supports

MyPractice Primary Care: A confidential report that lets you see your own opioid prescribing patterns compared with the provincial average, along with suggested tools to make improvements. [Learn more](#)
For more information, contact PracticeReport@hqontario.ca

EMR Queries: Standardized queries to help you build an opioid use registry in your practice. Available for Telus PS Suite, Accuro and OSCAR. [Learn more](#)
For more information, contact improve@afhto.ca

EMR Dashboard: A digital tool to help you optimize the use of your EMR and understand current patterns of care. [Learn more](#)
For more information, contact EmrDashboard@ontariomd.com

EMR Peer Leader Program: A network of over 50 physicians, nurses and clinic managers across the province who are expert users of OntarioMD-certified EMRs available to help you understand current patterns of care. [Learn more](#)
For more information, contact Peer.Leader.Program@ontariomd.com

EMR Practice Enhancement Program: A provincial change management service designed to help physicians enhance their EMR skills and efficiency to improve clinical and practice outcomes. [Learn more](#)
For more information, contact Epep@ontariomd.com

Digital Health Drug Repository: Can provide access to your patients' clinically relevant drug and pharmacy service information to assist with your pain medication review process. [Learn more](#)
For more information, contact Connecting.Ontario@ehealthontario.on.ca

Education

On the Road Sessions: Accredited sessions to educate practice staff on how EMRs can provide additional, immediate clinical value. [Learn more](#)
For more information, contact Omd.Events@ontariomd.com

Opioid Clinical Primers – Online Modules: Free online modules designed for primary care physicians and nurse practitioners on topics such as safer opioid prescribing, management of opioid use disorder and practical tools for managing chronic pain, including non-pharmacologic approaches. [Learn more](#)

Chronic Pain and Opioid Stewardship Sessions: Weekly CME-accredited videoconferencing sessions connecting you with an inter-professional pain specialist team. [Learn more](#)
For more information, contact Echo.Ontario@uhn.ca

Additional Resources

Prescribing Drugs Policy for Physicians. [Learn more](#)
For more information, contact Cpsso@cpsso.on.ca

Opioid Strategy for Pharmacy. [Learn more](#)
For more information, contact Pharmacypractice@ocpinfo.com

Ontario Pain Management Resources. The items included in this document are a part of a coordinated program of supports to help family doctors, nurse practitioners and other primary care clinicians manage their patients' pain, including the appropriate use of opioids. [Learn more](#)
For more information, contact PainQI@hqontario.ca